



motivational interviewing

Dissemination and maintenance of the spirit of motivational interviewing in non English speaking populations and in different contexts

Convenor & Chair: Hiroaki Harai

1. Burnout
2. MI is "PREPARING PEOPLE FOR CHANGE"
3. Areas MI is applied to

Opening Remarks by chair

1. Mercè Balcells Olivero MD, Ph. D.
 Centre de Salut Mental d'Adults (CSMA)
 Learning and Implementing Motivational Interviewing
 a tool to reduce burnout in health care

1. Background come to know CBT and MI
2. Kikuchi Addiction Treatment Service
3. Disseminations in Japan
4. Worries

MI as

2. Hiroaki Harai MD
 Kikuchi National Hospital, Division of Psychiatry
 MI in Japan; Does MI change the way adopting new
 Japanese mental health care?

3. Sung Hee Cho Ph. D.
 Forensic Psychiatric Hospital of Korea, Korea
 Motivational Interviewing for coerced clients in Korea

1. Background and Governmental initiative to adopt MI
2. FPH
3. Disseminations in Korea

4. Susan Butterworth Ph. D.
 Oregon Health & Science University, USA
 Application of MI In Low Socioeconomic Groups
 Cultural, and Disability Challenges

1. Background start to research
2. Expanding application of MI to the least served
3. Comments from English speaker

Discussion

Changes

- Cancelled presentation
 - Use of MI to Change Public Hospital Provider Practices in Argentina and Uruguay
 - Marci Campbell Ph. D., MPH, Fernando Althabe, MD, Maria Belizan, MS, Giselle Tomasso, MD.
- Added
 - Application of MI In Low Socioeconomic Group Setting: Overcoming Language, Cultural, and Disability Challenges
 - Susan Butterworth Ph. D.
- Order

Objectives

- Introduction
 - Difference and Similarities in;
 - Efforts of Dissemination in three languages
 - Translation, Publication, Training, TNT, Research?
 - Context of health care / human service provision in four countries
 - Who pays for what and to whom; Health care economy
- Discussion
 - What is disseminated and What is not
- Contribution
 - The way of dissemination and development of psychotherapy in congruent with the spirit of MI

Acknowledgements

- Thanks to MINTies
Motivational Interviewing Network of Trainers

Discussion

- Road blocks against dissemination
 - Language, Attitudes Resources, Opportunities
 - Culture
 - Treatment environment; voluntary / coercive
 - Legislation
- What is disseminated and not
 - Books, Training materials, Trainers,
 - Researchers, Quality Assurance, Seed for future developments
 - The spirit of MI?
- Learning Theory tells; New behaviors emerge
 - When the behavior is shaped by contingency, not rule-governed.
 - When the existing behaviors are no more reinforced
 - Weakened by Extinction, Punishment